

# Message from the Editor



## Jennifer Gordon, PhD, RD Psych

Assistant Professor, University of Regina  
Director, Women's Mental Health Research Unit  
[www.wmhresearch.ca](http://www.wmhresearch.ca)  
[jennifer.gordon@uregina.ca](mailto:jennifer.gordon@uregina.ca)



Dear Health Psychology and Behavioural Medicine Section Members,

I have to say, I've had a lot of fun putting this newsletter together and I can't wait for you all to read it! It's got inspiring interviews from some amazing Canadian researchers in our field — Drs. Megan McMurtry, Justin Presseau, and Tavis Campbell — and showcases exciting COVID research from across the country.

I'm perhaps most excited about two pieces that I hope you all can relate to: one written by yours truly discussing the immense challenges that academic faculty are experiencing right now amidst the pandemic, and a second written by my grad student, Ashley Balsom, that writes about the same issues from a graduate student's perspective. I hope you enjoy reading them as much as we enjoyed writing them!

You'll also find invitations to two CPA virtual events and two online studies led by CPA members, as well as a list of available Psychology Works fact sheets on coping with COVID-19, written by CPA members.

As I'm sure you all are, I'm disappointed not to be in beautiful Montreal (my hometown!) with you all right now but I'm excited to connect through the virtual event this summer. Here's hoping this time next year, we'll be in a position to connect face to face in Ottawa!

Take care and stay healthy!

